



# News & Views

## Kansas State Council

*Epsilon Sigma Alpha*  
INTERNATIONAL®

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[www.esaintl.com](http://www.esaintl.com)  
[www.esaks.org](http://www.esaks.org)

### President's Message by Kim Kummer

How will you let your life speak today, tomorrow, next year? I posed this question several times in my acceptance speech last spring. Have you smiled at a stranger? Lent a shoulder to a sister in distress? Donated a birthday bag? I want to hear from you. Let me know how you have let your life speak since convention. Steve and I opened our home to 3 children this summer for 3 weeks who needed foster care; it was a special circumstance and we knew the children well. It didn't take long for the "Momma Bear" instincts to come out while I was caring for them. It was wonderful, fun, exhausting, interesting, and at times exasperating; especially since I had so much I wanted to do for ESA to start the year. When we made this commitment a friend said, "Why would you offer to do this" my reply was WHY NOT. The summer of 2010 will be memorable for many reasons and several of them are due to ESA, but I will always know that I fulfilled my theme that summer taking care of the kids. They each one returned home telling their mother that Steve and I spoiled them the most. We did our job!

I had the honor and privilege to represent all of you in Minneapolis at the IC Convention. Thank you for the opportunity. I had a great time attending workshops, sharing ideas with others and participating in the many activities. Carrying the Kansas Flag during the opening flag ceremony was a true honor. I have always loved the flag ceremony at State or IC conventions, but to be apart of the ceremony was a real highlight. Linda Schmidt and Charlotte Combs were recognized for 25 years of service. Congratulations Linda and Charlotte!

We were privileged to have four St. Jude families share their stories with us; there wasn't a dry eye in the room as these parents thanked us for our contributions to

help heal their children. One child wore a t-shirt that read "I Kicked Cancer's Butt" his twinkling eyes and big smile were signs of encouragement to raise one more dollar for the kids. At the Saturday night banquet, Kansas received the Danny's Dream Award for reaching the next million-dollar mark of \$3 million in giving to St. Jude Children's Research Hospital.



Friday, most of the twenty-five Kansas members at IC convention were jammed into Suzy and John's room as we waited to hear the results of the election. You could have heard a pin drop when the phone rang, but the walls shook when we cheered as Suzy gave a thumbs up. Nearly forty attended the Central States gathering with sisters from Kansas, Oklahoma, and Texas. OK President, Jacque Edwards, shared ideas of incorporating activities with the use of themes, while TX President, Pat Polk, encouraged the groups to discuss agenda topics. I shared about the "Butterfly Connection / Happy Hour" that Joy and Pat implemented during the Saturday morning agenda at our board meetings. I gave suggestions of things to do and we even had six volunteers that participated in the plunger relay. It was a time for great discussions and I think we all left with some new ideas. Thank you KS gals that came to the meeting!

I want to remind you to begin saving your pennies and mark your calendar for next July 18 – 24<sup>th</sup> as Kansas will play host to the 2011 IC Convention in Overland Park at the Sheraton. We are thrilled that Suzy Winters is our 2<sup>nd</sup> VP and Convention Chair, and we have a wonderful Local Convention Committee, but it will take

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many KS ESA sisters to help out during the week with the full schedule of activities. This is an opportunity you don't want to miss. Travel will be minimal so begin planning now.

I attended Eta Rho's 50<sup>th</sup> anniversary celebration in July. What a great a time I had visiting with many District D sisters and reminiscing with the scrapbooks over the years. I came across a book from 1967-68 when Kathleen Lutz (my aunt) was State President. She was hosting a leadership meeting in Great Bend and the topics of discussion were (1) How to increase membership and (2) How to improve attendance and the quality of the zone meetings. Hmmm 40+ years later and we still have the same concerns, although we have changed the name from zone to district. We have said for years ESA is the best-kept secret. Well ladies I am telling you now **publicize** ESA, and ask everyone you know or are acquainted with to join. October is Recruitment Month. Let's overwhelm headquarters with more applications than they can process. Combine a philanthropic project with your recruitment event. Good Works, Good Times, Good People. Keep those membership applications handy you never know when you will be talking to a new ESA member. Remember, I will reimburse the chapter for State Dues (\$15) for all new pledges.

Thank you to Epsilon Pi for hosting the August board meeting. It was a fantastic weekend! Among the meetings we found time for workshops, shopping, and fundraising for the KS Care and Share and Disaster Fund with the Poker Run and "What Not to Wear" fashion show. Jack was a hit with Name that Tune on Saturday evening. Laughing is healthy for the soul – thanks for all the great laughs.

What a fun time we had during the Hands On Project time Saturday evening. I know the generosity of ESA members, and they didn't let me down! The breakfast area at the hotel was overtaken by school supplies and cake mixes. Thank you to everyone that contributed/participated. 'Thinking of You' cards were made to send to several ESA members that are not able to attend the board meetings or have gone inactive due to age. Nearly 70 birthday bags and 30 complete school supply bags were assembled. A large portion of the items was delivered to the Christian Food Bank and USD 382 in Pratt. The rest was dispersed among the districts/chapters in attendance. I encourage you to remember your local food banks; not only with the birthday bags, but also with donations for the staples we may take for granted. There are families struggling to feed their children – do what you can to help them. Deliver Meals on Wheels to shut-ins. Helping to deliver the meals is not only a wonderful service and a huge help to the local agency, but also you may be the only contact the shut-in sees during the day. I am sure you are their bright spot that day. There are many opportunities to help the hungry in your communities. Find one that works for you and your chapter as part of my President's Challenge.

Begin now making plans for a Hope for Heroes event in your community the week of November 7 – 13<sup>th</sup>. IC President Dora Dill has challenged all chapters and members to support and recognize military members, veterans, and their families. Don't forget to include the public (church congregations, students, businesses, friends and family) in your activities. This is a great way to publicize ESA as well as gain new members.

I look forward to seeing you in Wichita November 6<sup>th</sup> & 7<sup>th</sup>. Continue to *Let Your Life Speak* ~ Kim

## OFFICER REPORTS

### 1st Vice-President/District Chair,

### Marsha Barnes

I hope all of you are as excited as I am about the new ESA year. It promises to be a great year filled with new ideas, new friends, new opportunities and a lot of fun. President Kim has asked each of us to let our life speak this year. One of the many ways you can do this is to speak up and serve on the Kansas State Council. Part of my responsibilities this year is to encourage each of you to say yes to this challenge. We have many great leaders in our state and all of you are needed to make our organization continue to grow and become stronger. I look forward to seeing a completed *Intent to Nominate* form or *Willing to Serve* form from each of you.

I also have the privilege to work with the District Chairs this year. I am excited to work closer with these leaders, and get to know them better. I know we have a wonderful group of ladies as District Chairs, and I am anxious to hear

their voices this year. I encourage each of you to support your District and your District Chair by attending your District meetings. One of the most exciting things happening this year will be when we host the 2011 IC Convention in Overland Park. What an opportunity for Kansas to host such an event. Everyone will be needed to make this a success so mark your calendar for July 18-24, 2011.

Verneene continues to do a fantastic job with the website. This can be one of the best ESA tools you have access too. Remember to include Verneene in articles you send and to notify her on any updates for dates or changes that need to be made. She needs information from you in order to keep everything current.

Again, I look forward to hearing and seeing how each of you "Let Your Life Speak" this year.



# OFFICER REPORTS

## Auditor, Crystal Collinsworth

Yearbook Judging – the Executive Board has decided to end the Yearbook competition.

There are several reasons, which I will address at the State Board meetings. So do not send me or bring me your Yearbooks.

I am working on having a display at convention for those who would like to bring your book. I know we do some wonderful things with our Yearbooks. More information to come.

Books to Audit - Committee chairpersons: Remember, I need copies of your most current bank statement, checkbook register, and any transactions in your account(s) *prior* to each State Board Meeting. For those who do not have a checking account but will be handling money throughout the year, I need you to send me the *Audit Report Form* after each Board meeting. Contact me for a copy, or I will have them at Board Meetings.  
E.S.A. ☺



## Membership, Angie Fairbanks

Our plan this year is to focus on membership growth and to start a new chapter in Kansas. Our theme this year is “Speak Up, or Else.” First and foremost, we need to keep the members that we have. Secondly, we need to invite new members to join us. We are a wonderful organization that has a lot of fun and we need to “Speak Up” to let everyone know who we are and what we do for our own communities, and others. Without the net growth of our membership, we will eventually have to close the doors of ESA Kansas, which is something that I do not ever want to see happen.

At IC convention, the membership directors were informed that October would be “Recruitment Month” in ESA, so please help spread the word. I want to encourage all of our Kansas chapters to hold a recruitment event during the month of October and welcome new members to your chapters as well as new chapters. Just for fun – have a purse exchange party! IC membership workshop speaker Kayla Andux from Florida got five new members at her fabulously fun “Purse Exchange Party”. This is where everyone that is invited brings a gently used purse that they no longer want and at the end of the evening everyone goes home with a “new” purse. It was a

great success for their membership and everyone had a great time.

Here are a few reminders if you do have new pledges for the year:

1. Pledge lessons are available on the website [www.esaks.org](http://www.esaks.org).
2. Send in the state membership dues of **\$15** to Bonnie Templeton, Kansas State Treasurer, so they can be counted in membership.
3. Kim Kummer, Kansas State President, will reimburse the chapter for the pledge’s dues after she receives notice that they have been paid.

This year’s membership committee members are Linda Bottom, Gamma Omicron, Manhattan; Jackie Engelken, Epsilon Eta, Topeka; and Anita Gottsoner, Alpha Zeta, Garden City. We also have Verneene Forssberg, Epsilon Pi, Pratt, as our New Chapter Mentor. Please feel free to contact any of us if you have a question or concern about membership. I can be contacted directly at 8745 SW 45<sup>th</sup> Street, Topeka, KS 66610, 785-410-5247 cell, or email [angiekf@gmail.com](mailto:angiekf@gmail.com). Here is to the start of a new year and net growth. “Speak Up or Else.”



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# OFFICER REPORTS

## Chaplain, Jill Mattingly



### SURGERIES

Ellen Chalk	Zeta Phi	Surgery
Evelyn Penland	Gamma Lambda	Son surgery
Brenda Love	Delta Chi	Surgery and complications
Sue Gosselin	Alpha Omicron	Surgery
Joan Friend	Gamma Alpha	Back surgery
Bonnie Templeton	Zeta Phi	Surgery
Verneene Forssberg	Epsilon Pi	Surgery
Linda Bocox	Delta Chi	Mother surgery
Lillie Wheeler	Gamma Lambda	Surgery
Karen Lowery	Eta Theta	Knee Surgery
Charlotte Grelk	Zeta Phi	Daughter-in-law surgery

### OTHER

### ILLNESSES

Donna Watchous	Eta Rho	Family issues
Linda Fincham	Beta Epsilon	Mom health issues
Chari Roesch	Delta Beta	Son injury
Laura Williamson	Xi Phi	Illness
Jeannie Ward	Delta Chi	Mother ill
Jan FitzSimmons	Delta Chi	Husband Lynn - ill
Brenda Schaffer	Gamma Omicron	Dad illness
Susan Winters	Beta Epsilon	Mother health issues
Marlene Kilgore	Chi Epsilon	Mother health issues
Patrice Grauberger	Chi Epsilon	Mother health issues
Barb Griffith	Chi Epsilon	Family members in accident
Judy Circle	Chi Epsilon	Husband illness
Vi Fry	Alpha Zeta	Grandson illness

### DEATHS

Karen Hays	Gamma Lambda	Death of Husband, Rodney
Elizabeth Tabor	Alpha Zeta	Death of Mother
Kathy Pauly	Eta Theta	Death of Father-in-law
Sue Brown	Eta Theta	Death of Father
Denise Masterson	Eta Theta	Death of Mother
Cheryl Pucket	Epsilon Eta	Death of Father
Jean Harding	Eta Theta	Death
Beth Glantz	Alpha Delta	Death of Mother, Helen Groane
Helen Nunemaker	Beta Zeta	Death of Husband, Herb
Debbie Marlow	Eta Rho	Death of Daughter, Ashley
Sherry Marlow	Eta Rho	Death of Granddaughter, Ashley
Cindy Ewy	Chi Epsilon	Death of Husband, Jerry

### CELEBRATIONS

Shirley & John Keener	Delta Delta	50th Anniversary
Sid & Mike Rowe	Chi Omega	50th Anniversary
Diane Cottingham	Chi Epsilon	New grandson
Roberta Bailey	Chi Epsilon	New grandson

## KANSAS STATE BOARD OF DIRECTORS ROSTER CHANGES:

Peggy Lenkner- [plenkn9@yahoo.com](mailto:plenkn9@yahoo.com)

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# STATE HAPPENINGS

## 2nd Vice-President/Philanthropic Chair, Phyllis Simmons

### “ESA...Our Love For The Kids Says It All”

Did you see the tree house at the philanthropic table in August? Well, actually it is a Tree House Bank, and I would like to fill it with donations this year to build a tree house for the kids. Did you have a tree house as a kid, or do you have one in your back yard for your kids or grandkids? What a wonderful addition it will be for the kids. My theme this year is “ESA...Our Love For The Kids Says It All” so what do you say – Let us build them a tree house! Heartspring requested that the Kansas State Council of Epsilon Sigma Alpha consider supporting the Heartspring Tree House Project as their 2010-2011 fundraising project. Epsilon Sigma Alpha has supported Heartspring in so many ways over the last 62 years, and I hope you will continue to support the Heartspring projects and events this year. By supporting the Tree House Project, Heartspring staff will be able to create a well-rounded, multi disciplinary approach for each student. The goal for our Tree House Project is \$15,000. Thank you in advance for your donations to Heartspring this year and helping the kids.

### Heartspring Tree House 2010-2011 Kansas State Project



Too often a child with a disability is not included in outdoor activities because the disability is seen first and not the ability. It is possible for any child, no matter the ability, to use the great outdoors as a fun, learning experience. By building a tree house on campus, Heartspring therapists can expand a child’s therapeutic process by looking at what a child can do. Many occupational, physical, and speech skills can be addressed outside without it being stressful or tedious; it becomes a fun activity. Often, a different setting or environment can enhance a child’s ability to learn or expand skills.



The Heartspring tree house is a unique design and will be accessible for children in wheelchairs. The tree house will be located on campus amongst a small area of trees behind the main building. Physical, occupational, speech, and behavioral therapists in Heartspring Pediatric Services will utilize the tree house. Heartspring Pediatric Services helps children from birth to adolescence. The therapists, psychologists, and audiologists work together to assess the

unique needs of each child and provide comprehensive therapies to ensure every child has a chance to succeed. The power of early intervention is the key to creating a path to independence for a child with special needs. Research shows when diagnosis and treatment occur early, children have better outcomes and greater success. Therapists at Heartspring have consistently served over 600 children each year with early intervention services.



There are a variety of Therapeutic Activities that will occur in and around the Heartspring tree house. They will include dramatic play, motor skills, creativity, comprehension, language, and social skills.

### Heartspring Tree House Therapeutic Goals

- Work on balance and dexterity through creative play, improve body alignment, head control and strengthen the torso
- Eliminate stressful or tense therapy sessions
- Develop spatial cognition                      Improved posture
- Increased understanding of environment, memory, and learning skills
- Physical plan and activity
- Provide vestibular activities
- Enhance oxygen flow to the brain
- Manipulation of devices and tools

### **SUPPORT OF THE HEARTSPRING TREE HOUSE PROJECT WILL HELP STAFF CONTINUE TO PROVIDE TOP OF THE LINE THERAPEUTIC RESOURCES TO CHILDREN WITH SPECIAL NEEDS.**

Each year ESA Chapters participate by adopting a child at Heartspring to support through the year. The sign-up for this activity should be completed by **September 30**. If your chapter wants to keep the same child you had last year, you still need to contact Heartspring with this request. If you would like to participate in the Adopt-a-Child program, contact Heartspring today.

Two activities have been established in order to develop pre-vocational skills: creating and selling dog treats and the establishment of a coffee cart for Heartspring’s employees. Students will have the opportunity through these projects to develop their communication, social, fine motor, and academic skills while running their own mini-business. At Heartspring, they strive to create functional activities for their students that teach life skills for the student’s daily benefits. The majority of students have difficulties in the areas of communications, fine motor skills, socialization (peer-to-peer and group), and academics. [Cont. on page 6]

# STATE HAPPENINGS

[Continued from page 5]

The Coffee Cart and Dog Treat Projects will work on all of these areas in a functional and meaningful way. This will be a trans-disciplinary activity, involving speech therapists, occupational therapists, and special education teachers.

Make plans now to attend the Heartspring Weekend November 6 and 7 in Wichita. The Philanthropic committee consists of: Linda Fincham, Lisa Modrow, Paula Leatherman, and Janice Parks. We have been planning a great weekend. District D will again host the Annual Tea. Take advantage of this opportunity to tour the campus. The weekend will start Saturday afternoon with the Residential Shower (see the Wish List), and we will have a chance to hear from Heartspring representatives. The Chorale Sensations will also perform again this year. Do not miss the Murder Mystery event (see invitation in this issue) on Saturday evening brought to you by the Philanthropic Committee and other member volunteers. Dinner will be on your own, but there will be some surprises in store for the evening. You will not want to miss it. Jim Ahrens, with HCI Fundraising, will be selling merchandise again this year with our share of the proceeds going to the Heartspring Tree House project. Make your Christmas list and plan to do some Christmas shopping with Jim.

Mark February 12<sup>th</sup> on your calendar and plan to attend the Day of Love. A dance will be held along with some addi-

tional fun things for the kids. And of course the cookies – which the kids head for as they enter the doors.

Prom is scheduled for May 7<sup>th</sup>. This is always an event the kids look forward to as well as the parents. Plan to attend and see the smiles on the kid's faces when they enter the prom in their finest attire. It is truly a heartwarming event.

I will have a new Heartspring Charm available this year for \$15.00. I have also designed a Kansas ESA Tote Bag that you can purchase for \$5.00. Purchase one or more and fill it for the Food Pantry or Shelters, with your Birthday items for Easter Seals, or return it in November with items from the Wish List. What a great way to advertise ESA when you deliver your items in the Kansas ESA Tote Bag! Let us let everyone know we do good things!!

Please contact me if you have any questions. If I do not know the answer, I will get it for you. I know this is going to be a great year again for the kids at Heartspring. I am extending a thank you in advance to all of you for your generosity in providing the opportunities for the kids.

**PLEASE NOTE: Make sure to use the Gift-In-Kind Form to document your contributions to Heartspring. Mail one copy to Heartspring with the gifts-in-kind, one copy to the Second Vice President of the Kansas State Council and keep one copy for your records.**

## 2010-2011 HEARTSPRING WISH LIST

### Taton Stambaugh-Tubbs

Beanbag chairs,  
Stereo  
Pens  
Musical toys  
Headphones  
Educational software (preschool through Kindergarten)  
Digital camera  
Bubbles  
Sidewalk chalk  
Notebooks  
Flash cards of any kind  
Small manila envelopes (5x7 size)  
Small clear storage totes  
Large clear storage totes  
Salty snacks for the students  
Microwave

### Mark Stovall

Totes  
Toaster Oven  
Task Materials  
Cups – Plates – Silverware  
Classroom Recliner  
Classroom walls repaired and painted  
CD player  
DVD player  
New Classroom Phone  
Printer for classroom computer  
2 – Large Headphones for CD player  
Easel  
Paints and Arts & Crafts Material  
Coloring Books  
Paper Shredder  
Electric Pencil Sharpener  
Lots of Colored Pencils  
6 Fishing Poles

[ CONTINUED] 2010-2011 HEARTSPRING WISH LIST

**Amanda Crisp- S123**

7 booster care seats  
Hard cover children's books  
1-2 Large fans with safe blades

**Cheryl O'Brien**

Bags of individually wrapped candy  
(used for rewards)

**S121 – Jennifer**

Children's interactive play rugs  
Lego and Airplane computer games  
Mini trampoline  
Therapy ball  
CD player  
Headphones  
Disney CDs (Music for kids)  
Books on tape (children K-6 grade)  
Read and play computer games (i.e. Jump Start,  
Reader Rabbit, Ready for Math/Reading  
with Pooh, etc.)  
Bionicle Toys  
Beanbag chairs  
Board/Card Games (for children Pre-K – 3<sup>rd</sup>)  
DVD (classic Disney movies)  
Reading manipulative-letters, stamps, cubes,  
word building tiles  
Books for grades K-12  
Leap Pad  
Student supplies (pencils, big erasers, markers,  
crayons, colored pencils, etc.)  
Calculators  
Rulers  
Sensory items- textured balls, foam, foam shapes,  
textured papers, and fabrics  
Poster size plastic frames  
Nickelodeon magazine subscription  
Building blocks

**Wish List for OT**

Small round stickers  
Skinny washable markers  
Large washable markers  
Foam letters with sticker backs-all sizes  
Foam stickers with backs, all sizes and all shapes  
Superhero stickers  
Dry erase markers

**Wish List for OT [continued]**

Tennis balls  
Clothespins  
File folders  
Index dividers w/tabs  
Sharpie permanent markers  
Construction paper, all sizes  
Tissue paper  
Elmer's glue  
Glue sticks  
Child size scissors  
Adult craft scissors  
Pegged puzzles  
Electric toothbrushes  
Clear packing tape  
Note cards  
Pipe cleaners  
Pom Poms  
Play Dough  
Sewing or lacing cards  
Barrel of monkeys  
Shoestrings

**Peggy**

Oil paints  
Canvas boards  
Paintbrushes for oil paints  
Glue gun and glue sticks  
Elmer's glue sticks  
Colored card stock  
Adult size scissors  
Flash Drives  
Hula Hoops  
Kids Parachute  
Clear contact paper  
Velcro  
Different colored masking tape  
Manila File Folders (Letter Size)  
½" or 1" 3 ring notebooks  
Therabands  
Gift Cards to: Imagine that Toy Store, Lakeshore  
Learning, Target, Wal-mart, Hobby Lobby,  
Michaels, etc.  
Hand mirrors  
Digital Camera  
Hand vacuum

# STATE HAPPENINGS

[ CONTINUED] 2010-2011 HEARTSPRING WISH LIST

## June Kedrowski

Simple assembly kits – birdhouse, gliders, etc.

Simple leisure activities – board games,

card games, word search puzzles

Library book pockets

DVD movies

Music CDs – kids' songs, oldies

## Verlene- Music

### Verlene- Pre-Vocational

Stickers

Toys

CDs- Children's songs or Easy Listening

Puzzles

File folders

Packaging tape

Blank CDs

White cardstock

## Verlene's Wish List [continued]

Colored cardstock

Treasury of 100 Storybook Classics DVD set

from [www.amazon.com](http://www.amazon.com)

Restaurant gift cards for student dining

Shoebox sized plastic containers

Children's books with CDs

Fidget toys – squeeze balls, visual toys, etc.

Letter and Number tiles

Wal-mart gift cards for teaching materials

Gift cards (Walgreens/Wal-mart) for

photo processing

Adhesive Velcro

Glue sticks or other adhesive for making tasks

Inexpensive Headphones or Ear buds (8)

Inexpensive MP3 players

Simple craft kits for students – plastic canvas, latch hook, etc.

# Anniversary Chapter

Eta Rho Chapter held their 50th Anniversary celebration on July 24, 2010 at the Derby Recreation Center. Present and past members of Eta Rho were in attendance, along with members of District D and Kansas State President, Kim Kummer.



Pictured are Eta Rho members: Donna Watchous, Debbie Marlow, Lisa West, Sherry Marlow and Melody Wade



Pictured are bottom row L-R: Previous Charter members: Marion Bradley, Roberta Sanders, Margaret Nelson

Top row L-R Eta Rho current members: Debbie Marlow, Sherry Marlow, Lisa West, Melody Wade, not pictured Donna Watchous



*Epsilon Sigma Alpha*  
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**NOVEMBER 5,6,& 7, 2010**

**AUTUMN STATE COUNCIL MEETING  
HEARTSPRING TEA & TOUR  
District D Host  
Wichita, Kansas**



**I plan to attend the Murder Mystery Night, Sat. @6:30pm  
\$20 payable at door \_\_\_\_\_ Yes \_\_\_\_\_ No**

**I would like to tour the Heartspring Campus on Sat. \_\_\_\_\_ Yes \_\_\_\_\_ No**

**Hotel accommodations: Northrock Suites  
7856 E. 36<sup>th</sup> Street North  
316-634-2303**

**Group code is "ESA" when you register. Please call with Individual names.**

**DEADLINE TO REGISTER AT THE HOTEL IS:  
OCTOBER 22<sup>ND</sup>**

**ROOM RATES ARE \$69 + TAX FOR DOUBLES  
Breakfast is free on Saturday 6:30-9:30 a.m. and Sunday 7:00-10 a.m.**

\*\*\*\*\*REGISTRATION:\*\*\*\*\*

**Meeting Fee only \$5.00 required for all    **Deadline for registration is October 29<sup>th</sup>.**  
Late Fee after **October 29<sup>th</sup>** is **\$15.00****

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Board Position \_\_\_\_\_

**I will attend the murder mystery \_\_\_\_\_ I will not attend \_\_\_\_\_**

**Make Checks Payable to: District D  
Send Registration to:  
Mary Hill  
142 S. Forestview Street  
Wichita, Kansas 67235-8212**

# COMMITTEE REPORTS

## Care and Share Chair, Diney Uhlig

As Kansas Care and Share Chairman, I am totally stunned.... You are absolutely awesome, but then we all knew that already. Why? The "Poker Rally" and "What Not to Wear Pageant" was a success at the August Board meeting.

Five stores participated in the Poker Rally. Four of the stores gave 10% of their sales from ESA sisters to us and the fifth merchant gave a store coupon to the shoppers to use. The final amount was \$380 from the four merchants along with all of the wonderful bargains. We also had collected an entrance fee of \$20 from each participant so that was an additional \$2000. But wait...

There was the "What Not to Wear Pageant" and the name definitely fit the outfits. What a HOOT! There was 'THE

THONG LADY". **Sondra Messenger** came dressed for the beach in her thong outfit. She had actually made a bathing suit out of flip flops. She won as the *Most Original Outfit*. Then there was **Teri Horner** as the *Most Disastrous*. Picture her as a dark headed Dolly Parton in a skin tight outfit that she had to keep rearranging strategically because the parts kept moving; at least they did not pop. Then there was **Rachel Livermore** who raised over \$500 in her Sunday go-to-meeting dress with her 70's hair style and glasses. So, we also raised over \$2000 from the "What Not To Wear Pageant". All in all, we raised about \$4300 for the Disaster Fund and Kansas Care and Share. KUDOs to all of you. Thank you, thank you, thank you from both myself, Diney Uhlig (KS Care and Share) and Pat Josey (Disaster Fund).



## Circle of Life Director, Pat Upham

Hello ladies. I hope you all stayed cool during our hot spell this summer. I was beginning to think that we could cook our meals outside!

I am sure most of you are aware that St. Jude's was unable to sponsor the Circle of Life incoming state directors this year to tour their facility due to financial constraints. Since I was unable to attend and see all the wonderful things that they do there to help the children, I would like to challenge us all to be super generous when donating our money. I can tell you that eighty-one cents of every dollar for the past five years has gone to research. This means more and more of your dollar is going to research which is truly a wonderful thing.

Our theme this year is "Feed the Kitty for the Kids". We will have our usual raffle items for you to spend your money on at every board meeting. We will also have several cats on the table with money jars beside them for you to put your change or dollars in. Two of the cats are Jim Shore cats that we will raffle at convention. We are still discussing what event will be held at convention to raise money. It will probably be a safe bet that it will have something to do with cats.

I am looking forward to being your Circle of Life Director this year. Let us have loads of fun and laughter and remember to always "Feed the Kitty".



## Educational Director, Sue Gosselin

The education theme this year is: *ESA Let Your Educational Speak*. I am looking forward to hearing from you about the different educational programs taking place in your chapters. Remember that each chapter is eligible to receive the Gold Link Award from IC Headquarters. You need to submit a total of six education report forms to me; send one each month, by the 10<sup>th</sup> of the following month. These forms need to be sent to: **Sue Gosselin, 417 East**

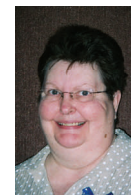
**Olive Street, Oxford, KS 67119**. We are going to be encouraging those chapters that have not sent forms to participate this year. Please remember to send a report if your chapter has an Outreach Seminar and submit an educational notebook this year. These notebooks are due to us three weeks before convention. Educational Committee members are Sue Peckham and Susan White.



## Handbook Chair, Delgene Moore-Sealey

A new year is beginning! As you read the handbook pages for your new assignment to the Kansas State Board, take a moment to be sure that the pages are understandable but concise. If necessary, make changes. If you have form changes, please get them to

Verneene (our fantastic Webmaster) and me **as soon as possible**. I will be passing out your individual handbook pages at the November State Board Meeting, but more on that later.



# COMMITTEE REPORTS

## Disaster Fund Chair, Pat Josey

Disaster Fund – Are We Doing Our Share?

I have just received the International Disaster Fund Report for the period ending June 30th and am pleased to announce that 34 states made contributions to the fund last year. Kansas' donations were second only to Indiana. Way to go Kansas and congratulations to Joy for a great year as our Disaster Fund Chairperson! We donated \$4,617.00! That is a great number, but we cannot lose sight of the fact that in Kansas alone we had four claims of \$5,000 each...\$20,000! We must continue to do our part to help our ESA sisters in needs.

My theme for this year is “**Put Your Money Where Your Heart Is**”, and I am sure we will do just that! I am asking each and every chapter and district to hold a project to raise money for the Disaster Fund. My program this year is called “Dining for Disaster”. Below are some suggestions to help you plan an event. I know you are all so creative that you will come up with many more ways to dine for disaster. Please send me YOUR ideas, and I will add them to the list to share.

Some ideas:

Potluck Dinner, Lunch, or Brunch – Everyone brings a dish and a minimum charge is asked from each attendee for the meal.

Sponsor a Dinner, Lunch, or Brunch – One or two people can prepare a meal for the chapter or district. Their contribution is the cost of the food. Charge attendees for the meal.

Boxed Dinner – Each person prepares a traditional “Boxed Dinner”. The meals are set out and a silent auction is held to purchase a dinner. After the auction, share your meals together as a social. Be creative with the box or “container” for your meal. It makes it more fun and you will definitely raise more money.



Not into a whole meal? Have an ice cream social, dessert bar, etc.

Soups for Later – Prepare soups and chilis and sell them in freezable containers to be eaten later.

Casserole Auction – Everyone prepares their favorite casserole as a donation. Bring it along with the recipe attached and sell them for \$10 each. Make sure they are in freezable pans so they can be enjoyed anytime.

Meals for One – Many of us are preparing meals for one and wouldn't it be great to have some prepared meals with just one serving? Package some mini-meals for the freezer and sell them to those who usually dine alone.

These are just a few ideas that have been done in my chapter or I have heard about from other sisters. I did the #2 option last spring and sponsored a dinner for my chapter. I prepared the meal and everyone paid \$10. We put a basket out for the money and we ended up with more than \$10 per person! We raised \$200 that night and had a great time together.

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## Outstanding Member Chair, Jacque Bolinger

The Outstanding member program gives the chapter a way to honor and recognize ESA members who have gone above and beyond for ESA. Members give of themselves in multiple ways to advance the success of ESA and their chapter. It is no longer required to count points or wait until the end of the year to recognize our outstanding members. If a chapter has a member that has gone "Above and Beyond" in any way to promote ESA over the years, the State Council wants to recognize these individuals. It is not necessary to limit the time considerations to a single year if the member has done something over the long term. A chapter can nominate up to two members in a year's time (April through March). The members nomi-

nated throughout the year will be honored and featured on the Kansas ESA web site. They will be recognized at State Convention in the spring.

A copy of the form can be found on page 69 in the Chapter Handbook or at [www.easks.org](http://www.easks.org). Please send the form and a picture to: **Jacque Bolinger**, 6121 S. 391<sup>st</sup> West, Cheney, KS 67025 or e-mail: [jacquebolinger@gardenplaincoop.com](mailto:jacquebolinger@gardenplaincoop.com)

Check out the website to see who was honored last year and watch as the new honorees are posted!

# COMMITTEE REPORTS

## Easter Seals Sr. Director, Pam McElvain

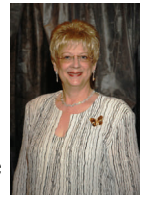
### EASTER SEALS EXCITEMENT

I want to share some exciting news with all of you. On August 10, Kim Kummer, four District A sisters, and I visited the Easter Seals/Capper Foundation school and offices. We were all very impressed with the facility and everything that they are doing for children. ES/Capper starts working with disabled children as soon as some leave the hospital after birth. They serve children and families from birth to 21 years old, and work with every type of physical and mental disability. The facility has a school that educates children with special needs and children without special needs, so they share the same classes. It is such a bright and cheery learning environment. They have many therapists working with students and other children. Capper also provides services to 55 out of the 105 counties in Kansas, and work with the school systems to help students that are not able to come into Topeka for the services on site. They plan to expand their services to more counties as soon as funding allows. Easter Seals/Capper Foundation is a wonderful place for children to get excellent help with whatever disability they have and improve to their full potential.

I attended the Easter Seals workshop at IC and learned lots about ES and their programs. A new one that we learned about last year is Camp Hope. Easter Seals helps children of Military Families attend camp and have a great time. Many times their families would not be able to afford to do something so wonderful. It helps them enjoy such a wonderful childhood experience, and they can spend a little time not quite so worried about their parent who is deployed in a war zone.

ES/Capper also would like our support through volunteer projects. They host a *Blarney Breakfast* (Thursday, March 17, 2011) that is similar to the one in Wichita. They also sponsor *An Evening as a Child* (Saturday, April 30, 2011) where adults come and have a great time playing games that they played when they were young. It is a great fundraiser for them. Plus they always need help with mailing, etc.

You and your chapter can help by planning to buy a weighted vest or blanket. These cost between \$75 and \$150 each. These help children with disabilities stay calm and allow them to sleep at night, which can be a big problem. The weight somehow makes them feel calmer and safe.



Capper has a Scholarship Assistance Fund that helps families in need in many ways. It helps them purchase equipment their child might need, special schooling, etc. The other project is helping provide low cost seminars for school therapists and special education teachers, with important classes that keep them up-to-date on the latest techniques for helping the students. Schools require these classes, but the educators must pay for them because of all the funding cutbacks. This program helps educators have the latest and most up-to-date seminars at their disposal.

Please pick a project and make a plan now to support Easter Seals through any project in which your chapter is interested. **When you send us your donation it will be used exactly as you specify.** Thank you, in advance, for your help.

I had packets with information about our new Easter Seals Partner for your chapter at the August board meeting. If your chapter did not have someone there, we will get you the information by mail or email. This will contain how you can help Easter Seals/Capper children so you can share it with your chapter and make a plan. We know that funds are tight and your Easter Seals committee appreciates any funding that you set aside for the children being helped through Easter Seals/Capper Foundation. This is the link to the Capper site: [http://capper.easterseals.com/site/PageServer?pagename=KSTO\\_homepage](http://capper.easterseals.com/site/PageServer?pagename=KSTO_homepage)

Please contact me with any questions or comments that you might have. [pammc39@att.net](mailto:pammc39@att.net) or 620-624-7363. **Thank you in advance, Pam McElvain, Cheryl Pucket, Rachel Livermore and Delores Currier.**

What an exciting year we have to look forward to with Kim as our leader. I know you all have exciting things planned for your Chapter and District, and I would love to include all your memories in Kim's Scrapbook this year. **I need your help to accomplish this task.** I would like to have pictures from each chapter and district to include in this book, so I ask that you take pictures, identify who is in the photo and what they are doing, and bring them to state board meetings, mail them to me at: Char Grell, 119 South Jefferson, Junction City, KS 66441 or email them to: [tcgrell@cox.net](mailto:tcgrell@cox.net).

Together we can let our Pictures Speak Volumes.

# COMMITTEE REPORTS

## Goodwill Sr. Director, Terri Clark

I am looking forward to a wonderful year as your Goodwill Chair. I have a great committee to work with.

This year we will be taking on Pen Pals from Goodwill Industries to give something back to the people at Goodwill. Of course we will have our usual raffle tables at the state meetings and we plan to decorate a tree for the Festi-

val of Trees using a Gingerbread Man theme. Please bring your ornament to the **November State Council meeting**. Mark your calendars for the annual Birthday Bash at Goodwill. This year we plan to have it **Friday, January 28, 2011**, so ESA members from around the state can participate before attending the State Council Meeting in Wichita. Let our lives speak by helping others this year.



The Festival of Trees is calling for volunteers. There are changes this year with the Goodwill Festival of Trees and they need our help!!! Volunteers are needed for the Senior Day on Thursday, December 2. There is also a need for volunteers for the Reindeer Romp that will be on Saturday and Sunday, December 4-5. Saturday there are three shifts and Sunday there are two shifts of activities to work including children's carnival games, crafts, door monitors, and food helpers.

Shifts will run from 9:00-12:00, 12:00-3:00, & 3:00-5:00, then Sunday from 11:00-2:00 & 2:00-5:00. We will need helpers to wrap and bag the trees for delivery on Monday. As always, cookies and candies are needed for the Sweet Shoppe. If you need special accommodations to work, be certain to let us know. Please contact Terri Clark at 316-729-9863 or Karen Knorp-Brown at [karen.knorp-brown@usd262.net](mailto:karen.knorp-brown@usd262.net) if you want to volunteer or need more details.

### GOODWILL INDUSTRIES OF KANSAS, INC. VOLUNTEER INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Employer: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Best Time(s) to Call: \_\_\_\_\_ Fax Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Affiliation(s): Group(s) you are representing while volunteering with us:

\_\_\_\_ Company Name of Company \_\_\_\_\_

\_\_\_\_ Church Group Name of Church \_\_\_\_\_

\_\_\_\_ Sorority Name of Sorority \_\_\_\_\_

\_\_\_\_ School Name of School \_\_\_\_\_

\_\_\_\_ Senior Center Name of Center \_\_\_\_\_

\_\_\_\_ Other Name of Organization \_\_\_\_\_

EVENT: \_\_\_\_\_

TIME SCHEDULED: \_\_\_\_\_

# COMMITTEE REPORTS



## Ways & Means Chair, Melody Wade

This year's theme for Ways and Means is "Sharing the Treasures of Life."

Our plans for this year: Selling President Kim's charms, raffle items at some of the State Council meetings, a treasure hunt, an auction Friday night at the State Convention, and "Go for the Booty" 50/50 drawing.

At the November State Council meeting, during the afternoon break on Saturday, we will hand out the sealed treasure sheet with instructions for the treasure hunt. The hunt starts as soon as you open your sealed envelope. How it will work: Sunday morning at 8:30 a.m. you will return your completed treasure sheet and your \$10 playing fee to the Ways and Means table. **The first person to turn in a correctly answered treasure sheet with their fee will win 20% of the money raised plus a gift card. All other correct entries will go into a drawing for a gift card.**

The "Go for the Booty" 50/50 drawing will begin at the January meeting plus we will have a table for raffle items. The "Go for

the Booty" 50/50 is where 50% of all of the booty raised goes into the Kansas State Ways and Means account and the other 50% is split between three lucky individuals who will have their names drawn at State Convention. **You do NOT need to be present to win the booty! The first ticket drawn wins 25% of the booty; the second ticket takes home 15%; and the third ticket wins 10%.**

We are asking that each ESA Kansas member buy just one ticket, and sell just one ticket OUTSIDE of ESA. This will help publicize our organization, as well as raise the booty to keep us going. **Tickets are just \$5.00 each.** Packets of tickets will be distributed to each chapter in January. If you need more tickets contact Melody, Becky, Lisa, or Sherry. No worries lassies – we will make sure to have plenty on board.

*Hope ye be partaken in the adventures cause thar be tons of loot for the takin. We be appreciatin your support. Arrrr!*

# IC NEWS

## KS State President, 2009-2010, Pat Josey

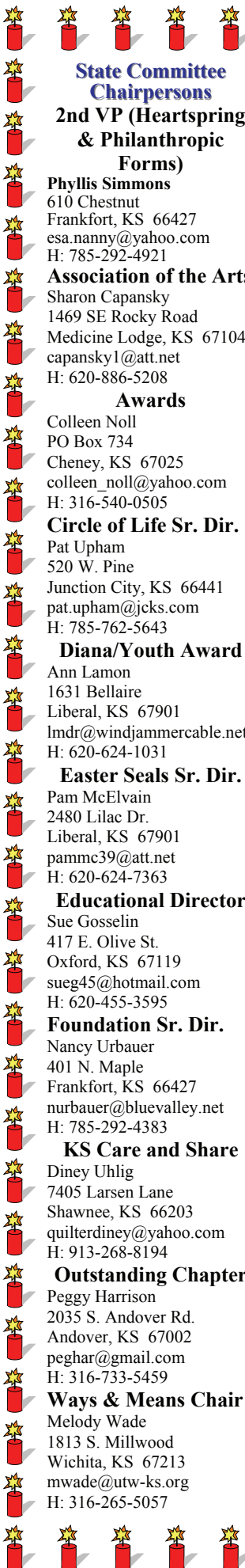
### *Kansas Brings Home Awards from Minnesota!*

Kansas was recognized several times during the Awards Luncheon at the 2010 IC Convention in Bloomington, MN. We proudly carried home the following:

- **Certificate of Appreciation** presented to **Jill Mattingly**, Delta Chi, for a great job as **Chapter Education Director**
- **Second Place** presented to **Kansas** for The ESA Disaster Fund, **Disaster Fund Chair Award**
- **Second Place** presented to **Beta Epsilon** for **Most Monies Contributed by a Chapter to the ESA Foundation**
- **Second Place** presented to **Kansas** for **Most Monies Contributed to the ESA Foundation**
- **First Place** presented to **Kansas** for **Most Monies Contributed to the ESA Foundation Scholarships**

*Way to go, Kansas!!!*

# CONGRATULATIONS



### State Committee Chairpersons

#### 2nd VP (Heartspring & Philanthropic Forms)

**Phyllis Simmons**  
610 Chestnut  
Frankfort, KS 66427  
esa.nanny@yahoo.com  
H: 785-292-4921

**Association of the Arts**  
Sharon Capansky  
1469 SE Rocky Road  
Medicine Lodge, KS 67104  
capansky1@att.net  
H: 620-886-5208

#### Awards

Colleen Noll  
PO Box 734  
Cheney, KS 67025  
colleen\_noll@yahoo.com  
H: 316-540-0505

#### Circle of Life Sr. Dir.

Pat Upham  
520 W. Pine  
Junction City, KS 66441  
pat.upham@jcks.com  
H: 785-762-5643

#### Diana/Youth Award

Ann Lamom  
1631 Bellaire  
Liberal, KS 67901  
lmdr@windjammercable.net  
H: 620-624-1031

#### Easter Seals Sr. Dir.

Pam McElvain  
2480 Lilac Dr.  
Liberal, KS 67901  
pammc39@att.net  
H: 620-624-7363

#### Educational Director

Sue Gosselin  
417 E. Olive St.  
Oxford, KS 67119  
sueg45@hotmail.com  
H: 620-455-3595

#### Foundation Sr. Dir.

Nancy Urbauer  
401 N. Maple  
Frankfort, KS 66427  
nurbauer@bluevalley.net  
H: 785-292-4383

#### KS Care and Share

Diney Uhlig  
7405 Larsen Lane  
Shawnee, KS 66203  
quilterdiney@yahoo.com  
H: 913-268-8194

#### Outstanding Chapter

Peggy Harrison  
2035 S. Andover Rd.  
Andover, KS 67002  
peggar@gmail.com  
H: 316-733-5459

#### Ways & Means Chair

Melody Wade  
1813 S. Millwood  
Wichita, KS 67213  
mwade@utw-ks.org  
H: 316-265-5057

## ESA Foundation Sr. Director, Nancy Urbauer



“ESA . . . Learning Together, Sharing With Others”. ESA members share a unique opportunity of educational learning at chapter, district and state events. We all know the power of knowledge. The Epsilon Sigma Alpha Foundation (ESAF) is dedicated to providing assistance to establish programs that serve human needs and produce new programs to improve the quality of life. The ESAF envisions a future in which the world educates those who seek to learn and gives hope to those who strive to improve their lives and the lives of others.

The Foundation assists those who seek education but may not have the necessary funds available to achieve that goal. The grants help individuals improve their work skills and/or assist them in helping others in their community. The

scholarships help individuals in their pursuit of a higher education. Scholarships awarded are a little over \$130,000 yearly. This continues to be an enormous task but together, we can do it.

I am anxiously planning a Bingo night for the Foundation weekend in January. You can start now by collecting your spare change at chapter and district events. I will welcome all contributions to the scholarship fund. Chapter presidents, keep this in mind as you plan your monthly business meeting. Great things will happen if we all work together toward this common goal: “Learning Together, Sharing with Others”.

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## IC Convention Report

by  
**Maureen Wells**

There were twenty-five Kansas ESA members and five spouses that were lucky enough to attend the ESA International Council Convention in Bloomington, Minnesota, from July 11-18, 2010. The Minnesota delegation had us “Playin’ in the Land of Lakes.” What a fun filled week it was!

Many began by going on the River Boat Cruise on Monday evening. Others just went to scope out the local area on their own...some were attracted to the Mall of America, of course. Roller coasters, shopping, and Lego creations that were several stories high and absolutely amazing entertained the mall-goers! Some found local eateries that had been featured on the Food Network’s “Diner, Drive-ins and Dives.” Mmmmmm-mmmmm good!

Tuesday evening was the ESA Foundation’s Casino Night Fundraiser, featuring table games and both a silent and live auction. Workshops were plentiful on Wednesday: State Presidents, Easter Seals, Membership, ESA Foundation, and St. Jude. Lots of ideas were shared and presented; now we just have to **act** on those ideas! The Convention Kick-off Key-Note Speaker was James Anderson, son of America’s Rib King “Famous Dave” Anderson. James was a very dynamic and animated speaker. His enthusiasm, knowledge, and his willingness to share personal experience was simply “saucesome!” Oh, what a difference our ATTITUDE makes – in every aspect of our lives!

After our keynote speaker, Kansas’ own Suzy Winters, serving as IC Workshop Coordinator, had a jam packed afternoon of workshops with a huge variety of topics: self-defense, getting organized, Foundation open forum, two fantastic restaurants (with food samples) that were featured

on “Diners, Drive-ins and Dives” (Donatelli’s and Victor’s 1959 Café), protecting yourself from cyber crime, and life after breast cancer. The

only downside to this great line up was that we had to make choices. Due to the time constraints, we were not able to attend each presentation, as many of us would have liked to do.

Wednesday evening’s Welcome Party/Dinner was called “The Big Splash!” It just so happened to be very appropriately named. Entertainment was provided by a band called “Bob and the Beachcombers.” They had everyone on the floor dancing to old “surfer” songs. The dinner was “ribilicious!” The centerpiece decorations consisted of a plastic sand bucket filled with play-doh, water pistols, and some water bottles. Each table built a “sand” castle with their play-doh and empty water pistols were soon filled. ESAers were darting around the room attempting to get their best shot fired and trying to avoid being hit! One lady was seen wearing her plastic rain bonnet for protection! It was an evening that definitely brought out the kid in you!

After a good rest, Thursday morning started on a much more serious note, as we honored all of those dear people in our lives that were lost to us during the past year. The First General Assembly was then called to order by our IC President, Jamie Atchison from Illinois. At that time, there were 392 ESA members present, representing 34 states. We learned that Norfolk, Virginia would be hosting the 2013 ESA IC Convention. In addition, it was announced that 29 states volunteered a total of 5,197 hours and donated \$115,615.32 to Easter Seals in the past year. Since our affiliation with Easter Seals as an International Council [Continued on page 16]



# IC NEWS

[Continued from page 16]

Saturday night was the annual banquet, the installation of officers, with President Dora Dill from Nebraska, and the St. Jude presentation of dollars. ESA raised over eight million dollars for the kids of St. Jude during the 2009-2010

ESA year. Give yourselves a huge round of applause! Aren't you proud to belong to an organization that makes such a big difference in this world? We are leaving a mark!

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## 2011 IC Convention Local Co-Chair, Coleen Cape

The 2010 International Convention in Minnesota is over and was a roaring success. All attendees had a great time. Now it is time for us to turn our energies to the 2011 IC Convention to be held at the Sheraton Hotel in Overland Park, July 18- 24, 2011. We will need all of you that are willing and able to assist with this rather large endeavor. Even if you cannot attend, but would like to help with some of the pre-convention work, please fill out the willing to serve form, on page 18 of this newsletter, and return it to Verneene Forsberg or you may e-mail her your intentions at [vern66@sbcglobal.net](mailto:vern66@sbcglobal.net). As you can imagine it takes a great deal of hard working people to plan an event this size. The benefit to Kansas, other than the opportunity to serve our sisters and of course show-off, is the possibility of having a profit from convention to add to our Kansas budget. We will need as many of you that week as can possibly make it.

We have tried to let everyone have her first choice of where to serve, but unfortunately it has not always been possible. Every single duty or job is important and everyone will be appreciated equally. Whenever possible, we will try to let you all have input into this process, but many of the decisions are made at the IC level. We just carry out their needs and wishes as best we can. A planning meeting was held August 6 & 7th with the IC Executive Board in Overland Park at the hotel. It was a great meeting and they are so excited to be coming to Kansas.

They approved our IC dress as a sequined vest with a sunflower pin - we will have the pins for all of you and thought it would be easiest for each of you to order your own vest in the style you prefer - as long as it is black sequined. Here are four possible websites:

<http://www.sequinking.com>;

<http://www.everythingsequin.com>;

<http://www.sixstaruniform.com>;

<http://www.alamostyles.com>.

During the course of the IC convention, we will have four events that will require table centerpieces. They are the **Welcome Party, PICPA No Host Luncheon, Recognition Luncheon, and the Banquet**. Approximately 60 cen-

terpieces will be needed, and we would like districts to step up and volunteer to design and provide those centerpieces.

There is so much creativity in our state and it would be a great project for the entire district to work on during the year. There is money budgeted, of course, and we would like them to in some way reflect our theme "Sunflower Serenade". This is an excellent way for members to be involved in the process who may not be able to attend the actual convention in July. **The centerpieces need to be approved by the IC Council, so if we could have a sample by the November board meeting, that would be great.**

I do want to clarify one more thing here at the beginning now that I have mentioned the approval of the IC Council. I know it may not seem right to you that we need the approval of the IC Board for so many things, but I hope my explanation will help you to understand. The "Sunflower Serenade" is **not** a Kansas convention - it is hosted by the Kansas State Council for the ESA Membership. The reason that the IC Executive Board is so actively involved in all of the decisions is that it is the council, not our state, who bears all of the fiduciary risk. When the convention is successful, we will benefit by receiving one half of the profit earned from convention. If, on the other hand, there is no profit but instead there is a financial burden to be paid - it is the sole responsibility of the IC Council to bear the burden of that debt - the State of Kansas will lose nothing. Pat explained it this way - the IC council is our boss and we are working for them - depending on how successful the convention is we will get paid accordingly - if it is not successful, we will not get paid, but we will have the satisfaction of working together for an entire year as a team to provide a week filled with fun, hugs, good food, entertainment, and sisterhood.

Our goal is to have at least 100 of you in attendance to help with all of the activities, big and small, the week of **July 18 - 24, 2011**, in Overland Park. I have been the recipient of all the love, dedication, and acts of kindness of the members of the Kansas State Council, and I cannot wait to show you off!

*Epsilon Sigma Alpha*

INTERNATIONAL

**WILLING TO SERVE – IC CONVENTION 2011  
Kansas State Council**

**I WOULD LIKE TO VOLUNTEER TO HELP WITH THE SUNFLOWER SERENADE**

Name: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Chapter Name: \_\_\_\_\_ District: \_\_\_\_ Occupation: \_\_\_\_\_

\*\*\*\*\*

**What committee would you like to serve on? Identify 3 choices in order of preference.** *(We'll do our best to put you where you want to be. Please understand if this is not possible.)*

- \_\_\_\_ Assoc. of Arts Committee;
- \_\_\_\_ Celebration of Life Services/ Interfaith Service;
- \_\_\_\_ Circle of Life Workshops/ Event/Table/Reception;
- \_\_\_\_ Credentials/Elections/Ballot Boxes;
- \_\_\_\_ Diana/Youth Award/Service Pins;
- \_\_\_\_ Easter Seals Event/ Workshops/ Tables/Reception;
- \_\_\_\_ Foundation Activities;
- \_\_\_\_ Installation Ceremony;
- \_\_\_\_ Men's Activities/Luncheon;
- \_\_\_\_ Opening Ceremonies;
- \_\_\_\_ International Council Flag Protocol;
- \_\_\_\_ Pages;
- \_\_\_\_ Signs & Posters;
- \_\_\_\_ Workshops;
- \_\_\_\_ Youth Activities;
- \_\_\_\_ Banquet;
- \_\_\_\_ IC Officers' Reception;
- \_\_\_\_ Invitational Luncheon;
- \_\_\_\_ PICPA No-Host Luncheon;
- \_\_\_\_ PICPA Private Meal;
- \_\_\_\_ Recognition (Awards) Luncheon;
- \_\_\_\_ Welcome Party;
- Hospitality (Committee is full)

**Other talents you can contribute to the effort:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Reproduce form as necessary & Return your form to the Chairman listed below:*

**Convention Sub-chair: Verneene Forsberg - 403 South High - Pratt, 67124**

# DISTRICT HAPPENINGS

## YOUR DISTRICT CHAIRPERSONS

### DISTRICT A

Joy Thornbrugh  
6174 Crescent Rim Dr.  
Ozawkie, KS 66070  
jpierson6174@yahoo.com  
H: 785-484-2607

### DISTRICT E

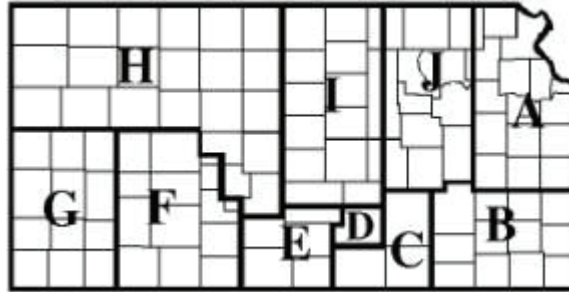
Laura Williamson  
905 N. Main St.  
Pratt, KS 67124  
lauraleo@sctelecom.net  
H: 620-933-2267

### DISTRICT G

Bonita Harke  
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Tyrone, OK 73951  
eandb@ptsi.net  
H: 580-854-6549

### DISTRICT B

Sandy Nelson  
500 E. Myrtle  
Independence, KS 67301  
snelson@terraworld.net  
H: 620-331-1994



### DISTRICT H

Dawn Scheuerman  
3325 23rd St.  
Great Bend, KS 67530  
dawndoesnails@yahoo.com  
H: 620-793-7257

### DISTRICT C

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1211 N. Park  
Wellington, KS 67152  
dsealey@sutv.com  
620-326-5169

### DISTRICT F

Marla Olson  
PO Box 683  
Jetmore, KS 67854  
molson@unitedwireless.com  
H: 620-357-6431

### DISTRICT I

Sherri Barragree  
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sbarragree@midkan.net  
H: 785-827-7858

### DISTRICT D

Ann Merrett  
322 S. Wire  
Haysville, KS 67060  
ann.merrett@wichita.edu  
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### DISTRICT J

Judy Ahrens  
PO Box 1543  
Manhattan, KS 66505  
jahrens@cox.net  
H: 785-776-0024

# CHAPTER NEWS

## Alpha Zeta, Garden City

The 2010-2011 officers for ESA Alpha Zeta are: Patsy Jenks, President; Rachel Livermore, Vice-President; Lara Bors, Secretary; Anita Gottsponer, Treasurer; and Angela Tabor, Education Director. The first meeting for the new year was held at Rachel Livermore's home with Kerri Cole as Co-hostess. There were 13 members present. Patsy's Theme for the year is "Life's Legacy - Your Gift to the World." Patsy presented each member a box of goodies containing a small notebook with a pen so that we can write our legacy, kleenex to give to sisters when their laughter turns to tears, a small stress ball that represents the world in our hands, and a refrigerator magnet with a quote from Vincent Van Gogh "How Can I Be Useful, of What Service Can I Be? There is Something Inside Me What Can It Be?"

Plans were discussed and made for the upcoming State Board Meeting in Pratt. There will be 8 members attending. Rachel Livermore, Alpha Zeta member, will be representing District G in the "What Not To Wear" fund raising event at the State Board Meeting. Monies raised will go to Kansas Care and Share and Disaster Fund. Janene Radke explained to the group the importance of these two Philanthropies. The meeting was adjourned with the Closing Ritual.





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*Bringing Good People Together  
 To Do Good Things*

## Notes from Karen & Tammi

Energy is the essence of life. Every day you decide how you're going to use it by knowing what you want and what it takes to reach that goal, and by maintaining focus.

[Oprah Winfrey](#), *O Magazine*, July 2003  
*US actress & television talk show host (1954 - )*

### Articles for the News and Views (An Award Winning Publication!)

Articles may be submitted in one of three (3) ways for publication.

1. Send an e-mail to: [nveditor@esaks.org](mailto:nveditor@esaks.org)  
 This is the preferred method. We would also prefer that you use Times New Roman, 10 point font. This will keep editing to a minimum.
2. Send your article on a cd-rom. We can handle Micro soft Word, Microsoft Publisher, .pdf files, or rich text format.
3. Send a **typewritten** or (legibly) printed copy of your article.

We reserve the right to edit items for copy space as well as grammar and punctuation. Articles that are received after the deadline are not guaranteed publication-they will be held over until the next issue.

**Deadlines are as follows:  
 August 15, November 15,  
 February 15, and May 15.**

**Tammi Mitchell and Karen Stinson  
 Co-Editors**