

How to make a Leaf T—Shirt or Sweatshirt Painting

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Materials you will need:

T—Shirt or Sweatshirt

Acrylic paints (colors you would like to use)

Wax Paper

Leaves of different shapes and sizes (pine needles really come out pretty, too)

Small sponge brush (you can use one for each color, or you can wash the brush each time you change colors)

1. Prewash and dry T—shirt or sweatshirt. Don't use fabric softener on your shirt the first time you wash it.
2. Lay your shirt out flat and place wax paper between top and bottom.
2. Think of a design you might like to use with your leaves. (play around with the leaves before you start to paint)
4. When ready, put a small glob of paint on a square of wax paper. Paint your leaf with a color, place on a clean square of wax paper, and place on your shirt wherever desired. Repeat with the same color, or different colors. Continue to place your leaves on your shirt until you have the desired design. BE CREATIVE!
5. After you are finished, lay flat until dry (usually a couple of hours).
6. Before washing, use an iron to set the paint. After this, you should be able to wash the shirt as usual.