

## A Glazed Expression Exercise

Arts & crafts class is almost a rite of passage in our society, a grueling test of the human spirit in which young initiates strive to force rubber cement, pipe cleaners, modeling clay, and paper-mache' to bend to their will. And few of us can claim to have managed to avoid the experience of creating an object - be it ceramic mask, napkin holder, or the obligatory ashtray - only to be confronted by an empty expanse demanding that you do something, anything, to decorate it.

A plain white coffee mug of your own design sits ready for the kiln and is staring at you in blank anticipation. You have chosen to use **blue** glaze; now, if only you could decide on the pattern...

Which of the following patterns do you paint in the blue on the mug?

1. Stripes?
2. Polka Dots?
3. Checks?
4. Wavy lines?



(After giving your audience some time to decorate their cup - Present what their designs mean by reading the key)  
A Glazed Expression - the Key

Blue Glaze - Color most associated with inner workings of mind from imagination to intuition to intellect.

White Mug - White surface provide blank slate and gives mind free rein to express itself in the most comfortable natural way

Pattern - Reflects the structure and strength of your mind in its approach to creativity and problem solving.

### Stripes:

You favor a direct and clear-cut approach, making you a keen decision maker able to resolve problems and put plans into action instantly. It's only natural that people perceive you as a leader and pillar of strength in difficult times.

### Polka Dots:

Your strength is in the adaptive, artistic nature of your mind. This may make you appear to be a little offbeat, perhaps even eccentric to some, but you make a real contribution to the world as a creator with a unique vision.

### Checks:

You excel at mastering the demands of the everyday, but in no way does that make you average or ordinary. Few people are able to organize their lives with such quiet efficiency. The result of your efforts is that you always seem to have the time, wealth, and compassion to share with those in need.

### Wavy Lines:

Your gift is in generating an atmosphere in which it's easy to feel and express love. Not that you crave attention, people naturally feel good about taking care of and supporting you. All that goodwill has a ripple effect, touching the lives of those around you in subtle ways. Ask the people who know and love you, the world is a better place for your being in it.

- Taken from Kokology2  
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